



2019 DECEMBER

Riverside Jr./Sr. High School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Foodservice Worker Substitute Positions Available. Apply online at: www.aramark.com Earn extra money while children are at school	<u>LUNCH PRICES</u> Free Reduced \$.40 Paid \$ 2.70		
2 NO SCHOOL	3 Chicken Tenders w/WG Brd. Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crackers Baked Fries Green Beans Fresh Baby Carrots Diced Pears or Juice	4 Cheese Brd.Sticks w/Marinara Buffalo Chicken Pizza Turkey Chef Salad w/WG Crackers Baked Fries Sweet Green Peas Garden Salad Mixed Berry Cup or Fr.Fruit	5 Nacho Platter Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Mixed Fruit Cup or Juice	6 Chili Cheese Dog Chef Choice Pizza Chick.Caesar Salad w/WG Crackers Baked Tater Tots Mixed Vegetables Cucumber & Tomato Salad Applesauce or Fresh Fruit
9 Mozz.Sticks w/Mar.Sce. Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crkrs. Baked Fries Seasoned Peas Fresh Baby Carrots Craisins or Fresh Fruit	10 Chick.Mash.Potato Bowl Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Mashed Potatoes Golden Corn Fresh Broccoli Diced Peaches or Juice	11 Fish Sticks w/WG Brd. Buffalo Chicken Pizza All Amer.Chef Salad w/WG Pretzel Sticks Baked Fries Steamed Carrots Garden Salad Mixed Fruit Cup or Fr.Fruit	12 Walking Taco Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Steamed Rice Mixed Vegetables Fresh Celery Sticks Fresh Fruit or Juice	13 General Tso's Chicken Chef Choice Pizza Chicken Ranch Salad w/WG Crackers Steamed Rice Steamed Broccoli Fresh Baby Carrots Diced Pears or Fr.Fruit
16 Pizza Burger Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crackers Baked Tater Tots Sweet Peas Fresh Baby Carrots Cinnamon Apples or Fr.Fruit	17 Hot Roast Turkey Sandwich Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Stuffing w/Gravy Green Beans Fresh Broccoli Fresh Fruit or Juice	18 BBQ Rib Sandwich Buffalo Chicken Pizza All American Cobb Salad w/WG Crackers Baked Fries Golden Corn Fresh Celery Sticks Applesauce or Fresh Fruit	19 Ham & Ch.on Pretzel Roll Buffalo Chicken Pizza Ham Chef Salad w/WG Crackers Baked Fries Steamed Broccoli Fresh Baby Carrots Mixed Fruit Cup or Juice	20 Chicken Parm.Sandwich Chef Choice Pizza Chef Choice Salad Baked Fries Glazed Carrots Chef Choice Fresh Veg Craisins or Fresh Fruit
23 	24 	25 <i>Merry Christmas</i> 	26 	27 

More Info...

Offered Daily:
 Chicken Patty Sand.

Cheeseburger
 Chicken Nuggets w/Dinner Roll

Cheese Pizza
 Pepperoni Pizza

MTO Deli Bar

Fresh Fruit
 Fruit Juice

Fresh Vegetables

1% Milk
 Skim Milk
 Chocolate Skim Milk

All Breads, Rolls and
 Pizza Dough is Whole Grain

In accordance with Federal and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

Menus are subject to change without notice.

HEALTHY FOR LIFE

